



SCHEDULE OF ACTIVITIES 2013

Rock/Wall Climbing – Rafting - Skiing – Paragliding – Trekking – Mountaineering – Competitions - Reconnaissance – Trips – Seminars

ACTIVITY	DATES	DAYS	EXP.	VENUE
JANUARY				
Rock / Wall Climbing Training Course *	5-6	2	2000	Islamabad
Paragliding – Basic Course	11-13	3	8500	Islamabad
Skiing – Basic Course	25-27	3	5500	Malam Jabba - Swat
FEBRUARY				
3 rd . Chenab Rocks Climbing Competition *	09-10	2	350	Chenab Rocks – Chiniot
Snow Survival Training Course	16-21	6	12000	Kaghan Valley
Skiing – Basic Course	22-24	3	5500	Malam Jabba - Swat
MARCH				
Rock/Wall Climbing Practice Sessions	1-3	3	600	Margalla Hills / Wall
7 th . IWD Pakistan Open Climbing Competition *	6-8	3	350	Islamabad
3 rd . Pakistan Day Climbing Competition *	23	1	350	Islamabad
1 st . Quarterly Meeting	31	1	500	Islamabad
APRIL				
Rock / Wall Climbing Training Course *	05-07	3	4500	Islamabad
Trip - Neelum Valley	18-21	4	8000	Kaghan Valley
Elementary Mountaineering Course *	19-28	10	25000	KPK or Gilgit-Baltistan
MAY				
Trekking – Everest B.C.	07-26	20	100000	Nepal
Trip – Kalash & Chitral	22-26	5	12000	Chitral - KPK
JUNE				
WED – Lecture *	5	1	1000	South Zone
Rock / Wall Climbing Training Course *	07-09	3	4500	Islamabad
Trekking – Nanga Parbat	11-16	6	12000	Fairy Meadows
2 nd . Quarterly Meeting	30	1	500	Islamabad

ACTIVITY	DATES	DAYS	EXP.	VENUE
JULY				
Great Karakoram Traverse	01-31	31	100000	Ghondogoro La & Hispar La
AUGUST				
IYD – Lecture *	12	1	1000	South Zone
Independence Day, Lecture *	14	1	1000	Islamabad
SEPTEMBER				
Rafting – Basic Course	11-15	5	12000	Kaghan Valley
3 rd . WTD Women Climbing Competition *	27	1	350	Rawalpindi/Islamabad
3 rd . Quarterly Meeting	30	1	500	Islamabad
OCTOBER				
Reconnaissance for New Rock Climbing Sites *	04-06	3	6000	Azad Kashmir
Paragliding – Basic Course	25-27	3	8500	Islamabad
NOVEMBER				
Trip Baltistan – Autumn	05-10	6	12000	Gilgit-Baltistan
Rock / Wall Climbing Training Course *	22-24	3	4500	Islamabad
DECEMBER				
6 th . IMD Climbing Competition	9-11	3	350	Islamabad
Trip – Uchali Lake	15	1	1500	Salt / Katha Range
4 th . Quarterly Meeting	31	1	500	Islamabad

- All programs are based on minimum EIGHT (08) participants
- Expenditure is calculated on approximate basis
- Programs are based on public or private transport
- Programs are based on meals while camping/trekking
- No meals included while travelling & staying in hotels
- Advance confirmation for joining a program is mandatory
- The Club members will get priority and possible assistance
- No Insurance coverage for any program
- Programs with * are announced at www.rockclimbing.pk also

THE ADVENTURE CLUB - PAKISTAN

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