

**ADVENTURE NEWS****2<sup>nd</sup>. Quarterly Meeting held on 30<sup>th</sup>. June 2010**

The meeting was attended by 26 participants and was jointly chaired by Mr. Saad Tariq Siddiqui and Mr. Jens Sommerfeldt. After Tilwat-Quran-e-Pak and



introduction of participants, a report of past quarter was presented and future programs were announced. The forthcoming programs include training sessions for Archery, Paragliding, River Rafting and basics of backpacking. The launch of new website of the Club was also announced and members were asked to review and comment to improve and to make it more useful.

**Lead Climbing Training for Females Climbers on 17<sup>th</sup>. July 2010**

A training session was organized for the experienced climber girls of the Club to practice lead climbing, which was the first ever session conducted by the Club. Previously, it was only Amna Khan, who had been fixing rope while leading. It was a matter of pleasure that six girls (Nazia Malik, Amal Rathore, Anam Rathore, Ghazala, Sofia & Amna) completed the lead climb training at Jasmine Corner rock face. An advance session at higher grade climbing pitch will be organized soon for the above participants.

**Khanpur Lake Swimming Program on 18<sup>th</sup>. July 2010**

As previous year, the Club organized swimming training program as Khanpur Lake, which offers some superb green lagoons with clear water, is a lovely place for swimming. In the early season, the lake was dried up due to lack of rains.

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Although it was a horrible scene to see the condition of lake, however the participants had some fun in available water.

**Air Blue Plane Crashes in Margalla Hills on 28<sup>th</sup>. July 2010**

The unfortunate flight No. 202 for Karachi/Islamabad had the worst accident in the history of aviation in Pakistan as all 152 people were perished after hitting plane in Margalla Hills. A team of Club members offered support in search & rescue operation. The Police and Army officials extended their thanks to volunteers though the approach to the venue was restricted for public later on.

**Climbing Program at Ibx Club on 2<sup>nd</sup>. August 2010**

After the facility of climbing wall in Islamabad, the Club members practice quite often on wall, where there are routes available for all levels and grades. Besides several sessions, a special training/practice sessions was organized for beginners to enjoy the climbing on artificial wall.



**ADVENTURE NEWS****Ramzan Climbing Sessions**

As per previous years, the Club kept on conducting climbing sessions in Ramzan and the members in good numbers participated in Pre-Iftar sessions even while fasting. The most popular venue in Ramzan was Shahdarra, besides climbing in Saidpur and at artificial wall.

**Independence Day Special – 14<sup>th</sup>. August 2010**

On 14<sup>th</sup>. August, it was crowd pulling as usual and the watchers can be seen in picture below, which also helps promote the activity. Besides climbing, after the heavy rains in monsoon, the Shahdarra stream turned into crystal clear fast flowing small river and public used to visit for swimming.

**Flood Relief Activities**

The heavy floods in Pakistan proved disastrous in various areas of province Khyber Pakhtunkhwa. Various members of the Club were involved privately with different relief organizations, while a large camp was established in Mardan by University of Lahore (UOL), headed by Mr. Nasir Mahmood and Farah Mahmood. Later on they extended activities in South and North as well. Some of the members actively participated voluntarily with the camp of UOL, for which we are thankful to them. Imran, Usman, Mansoor and Shayan volunteered at the camp for survey and distribution. Our members Mr. Mansoor, Usman, Imran and Ms. Mashahoon from Lahore also contributed personally and through their friends and some medicines were sent to landslide hit areas in North.

**ADVENTURE NEWS****Participation in Medical camp on 21<sup>st</sup>. August 2010**

Our members, Ms. Amal, Anam and Ali participated in a medical camp established by UOL near Charsadda. During a day trip from Islamabad, the volunteers helped to prepare lists of patients and to register them for check up.

**Atabad Lake – Hunza Valley**

A massive landslide in Hunza valley near Atabad village formed a huge dam on River Hunza blocking the flow of water, which raised high and formed a vast lake. This resulted in heavy losses of human lives, properties and washing out villages, several bridges and the Karakoram Highway for several miles. Unlikely to expectations, the lake is still there and the dam could not be broken and the boats started for transportation which is still in practice after more than half year of the incident. Most of the rehabilitation work is done on private and local basis.

**Trekking along the Wakhan Corridor**

A trekking party led by Umair and accompanied by Dr. Zia left for trekking in the far flung region at the foot of Wakhan Corridor in upper Chitral area. Walking through the rarely explored villages and dwellings, they crossed difficult trails on glaciers and experienced snowfall while camping at high altitude.





**ADVENTURE NEWS****Youth Training Sessions**

As always the Club focuses maximum on training of youth and organizes several training sessions accordingly, similarly in the last quarter, several climbing training sessions were organized at Jasmine Corner, Music Lounge and Beetle's Nest and at Ibex wall. A good number of kids and youth participated in the sessions and got training.

**Galliat Reconnaissance Trip on 26<sup>th</sup>. September 2010**

The Club has been exploring venues for climbing and other adventure activities and this time visited Galliat region to explore and develop some potential climbing pitches for training. It was a wonderful trip with Hammad, Imran, Usman, Naveed, Shehryar and Amir. Initially a rappelling was performed from a high



bridge on main Nathiagali road and later on the team searched some good rock faces along the pipeline track near Dunga Gali. Two pitches were selected and some initial cleaning work was done with climbing the cliff face. Another trip in

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near future is under plan, which will help explore more venues for practice pitches in Galliat region. After climbing, the participants reached Ayubia through pipeline track and later on the team returned after a good and successful trip.

**NEW MEMBERSHIPS****AC – 287 Ms. Aleeza Sana****Islamabad**

Aleeza, a basket ball player and student of City School is keenly interested in Rock climbing and has been participating in our previous climbing competitions and has won in Under 14 category in Rock Climbing Competition on International Mountain Day-2009. Being a sports lover and good organizer and motivator, we welcome her in the family of the Club and expect that she will prove an asset for the Club and will help promote the activity among the students.

( Introduced by Mr. Tahir Imran Khan, AC 101 – Islamabad )

**AC – 288 Ms. Nadia Akram****Islamabad**

Ms. Nadia Akram is currently working in Kotli, Azad Kashmir and with a great interest in outdoor activities, she searched and made contact with the Club. In a short time, she joined in few activities of the Club and is keen to participate more actively in future. Considering her interest, we believe that her participation will strengthen our female chapter of the Club.

( Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk) )

**AC – 289 Mr. Hassan Akram****Islamabad**

Hassan, a younger brother of Ms. Nadia Akram is introduced through her sister. He is a student in Islamabad and keeps a great interest in adventure activities. After participation in some of the Club programs, we are looking forward for his more participation in various activities.

( Introduced by Ms. Nadia Akram, AC 288 – Islamabad )