

ADVENTURE NEWS

2nd. Quarter of 2011 – April to June

Elementary Pilot Course - Mung

After completing two basic Paragliding Courses, the selected members were invited by Pakistan Paragliding School & Club and successfully completed the Elementary Pilot Course. We congratulate the members and hope they will keep on flying high.



Nazia – Express TV

Considering the outstanding performance of Ms. Nazi Parveen in wall and rock climbing, the Club organized an exclusive program through Express TV which covered Nazia's achievements in Climbing. The program was on aired and is available on Utube also.



Demonstration - Air University

Following the tradition, the Club kept on promoting adventure / outdoor activities and recently organized a demonstration of Rappelling and Rope Work in Air University. We thank the adventure club of Air University and its officials to arrange this program, which will help attract youth towards healthy activities. Nazia, Aleeza and Shayyan from the Club performed in the show.



ADVENTURE NEWS**Trip – Muzaffarabad & Kaghan Valley**

A very interesting trip including six participants was organized for Kaghan valley visiting Muzaffarabad en-route.



In the month of May, there was a lot of snow on the road to Naran and on the track to Lake Saif-ul-Muluk. The lake was completely frozen however the participants made it to reach in very difficult circumstances.



Rock Climbing was also included in Naran while the participants had some water sports like Jet Skiing in Khanpur while returning to Islamabad.

**Fairy Meadows – a climbing destination**

A trip to Fairy Meadows was organized alongwith an objective to explore rocks and



ADVENTURE NEWS

boulders to introduce the region as a rock climbing paradise. The team consisting of Asim from Lahore, Suleman from Islamabad and Mr. Hussain Ali from Nawab Shah proved superb for any outdoor activity and their company was unforgettable.



Kaghan Tourism Festival by KPK

KPK Tourism organized Tourism Festival in Kaghan Valley with several adventure activities and sports. The Adventure Club – Pakistan was invited by PAFF to conduct the official Rock Climbing Competition as a part of the festival. A very interesting competition was held with three main categories of male climbers, kids and female climbers. The activity was the highlight of the festival and attracted people in hundreds. Syed Aqil Shah, Provincial Minister for KPK tourism inaugurated the climbing competition while Syed Ahmed Shah, Minister for Industries distributed awards among the winners.



Climbing Sessions for All

Having the facility of Margalla Hills and the artificial climbing wall at IbeX Club, the most popular domestic activity is rock/wall climbing. In the past quarter several sessions were arranged for kids, females, families and regular climbers. A reconnaissance was also made for new rocks, while few training / refresher courses were also conducted.



ADVENTURE NEWS



Hasan Sadpara Climbs Everest

Pakistani mountaineer Hassan Sadpara climbed Everest and became first Pakistani to climb Six, 8000 meter high peaks in world and second Pakistani to climb K2 and Everest, the highest peaks on Earth.



The Club organized a lecture and presentation of Mr. Sadpara’s successful climb on Everest and in a very prestigious program, the Honorary Membership of The Adventure Club – Pakistan was also presented to the celebrity climber, which was cordially accepted by him. Mr. Hasan told the story of conquest of the highest mountain on Earth, which was followed by a very interesting and informative question/answer session. He appreciated the efforts of the Club for the promotion of climbing and offered his services for advanced training for the members of the Club. This graceful evening was attended by several club members and adventure enthusiasts.

ADVENTURE NEWS**NEW MEMBERSHIPS****AC – 315 Syed Hussain Ali****Nawab Shah**

Mr. Hussain Ali joined the Club to participate in the program to visit Fairy Meadows and proved himself as a superb camper / traveler. His sense of humour and literally knowledge is commendable. By profession, he is an Engineer and works as general Manager for a textile mill.

(Introduced through www.adventureclub.com.pk)

AC – 316 Mr. Imran Hussain**Karachi**

Imran, a young businessman from Karachi has recently joined the Club and intend to enter in adventure activities. We welcome him and expect his active and productive participation in the coming programs.

(Introduced through www.adventureclub.com.pk)

AC – 317 Mr. Asim Iqbal**Lahore**

Asim with a degree of Engineering, joined the Club to participate in Fairy Meadows program. A very reserved and composed person Asim was a good company throughout the trip. We expect that he will participate in more programs of the Club in the future.

(Introduced through www.adventureclub.com.pk)

AC – 318 Mr. Saif Ullah**Islamabad**

Mr. Saif is another Mechanical Engineer who joined the Club to participate in outdoor activities like trekking and camping etc. Being a resident of Islamabad, we expect his active participation in Club's programs and activities.

(Introduced through www.adventureclub.com.pk)

AC – 319 Mr. Akram Rashid**Islamabad**

Mr. Akram, a friend of Mr. Saif is an Electrical Engineer and has an interest in Clubs outdoor activities, particularly in trekking/camping, besides general tourism.

(Introduced through www.adventureclub.com.pk)

AC – 320 Mr. Sulaiman Khalid**Islamabad**

Sulaiman, a young and enthusiastic fellow was one of the partners in Fairy Meadows trip. He has interest in all outdoor activities while he is in profession of publishing.

(Introduced through www.adventureclub.com.pk)

ADVENTURE NEWS

AC – 321 Mr. Rizwan Farooq Islamabad
Rizwan with a Bachelor's degree in Engineering has a special interest in adventure activities and has completed the strenuous trekking route of K2 base camp with crossing Ghondogoro La on return. We expect his participation will strengthen our team.
(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)

AC – 322 Mr. Maaz Athar Islamabad
Maaz, a Telecom Engineer has joined the Club with existing experience of completing the strenuous trekking route of K2 base camp with crossing Ghondogoro La on return. We expect his active participation in Club's activities.
(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)

AC – 323 Mr. Waqas Manzoor Islamabad
Waqas is a young Chartered Accountant with a keen interest in outdoor adventures. His special interest is in trekking. We are looking forward for his participation in Club's activities.
(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)

AC – 324 Mr. Sakhi Islamabad
Sakhi, a friend of Waqas has a great interest in adventure activities, particularly trekking and camping. He has recently joined the Club and his participation is awaited.
(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)

AC – 325 Ch. Hamoon Rashid Rawalpindi
Hamoon, is a professional lawyer with an additional degree of Executive MBA. He has already visited several parts of Pakistan, especially the northern mountain region. He has also great interest in media production and plans for some quality documentary making on various regions.
(Introduced through Mr. Amir Jadoon, AC 243 – Islamabad)

AC – 326/H Mr. Hassan Asad Sadpara Skardu
The Club presented an honorary life member to Mr. Hassan Asad Sadpara after climbing the Mount Everest in 2011, which he cordially accepted. The Club is obliged on his acceptance of the honorary membership of the Club and plans to invite him for the training of our members in climbing courses. We also wish him success to climb all 14, 8000meters high peaks in the World.
(Introduced through Mr. Tahir Imran Khan, AC 101 – Islamabad)



For latest schedule of activities, newsletters and updates, please visit
www.adventureclub.com.pk & www.rockclimbing.pk