

**July-2012--2<sup>nd</sup>. Quarterly Meeting of the Club**

2<sup>nd</sup>. Quarterly meeting of the club was held in Dragon City restaurant, Blue Area with agenda to report the previous quarter activities and to discuss the schedule of next quarter.

**July 2012 – Reception of Moin Khan in NUST**

Nust Adventure Club invited Mr. Moin Khan, a young adventurer, who travelled from America to Pakistan on his motorbike. He narrated his epic journey and his future program to visit Gilgit-Baltistan on old model scooter. His lecture was very interesting and a good number of youth participated in the program.

**July 2012 – Trip Naran & Lake saif-ul-Muluk**

The actual program was designed for Shogran and Makra but changed to a soft visit to Naran. A small party enjoyed the trip.



## July 2012 – Trip Ayubia – Cleaning of Mukshpuri Trail



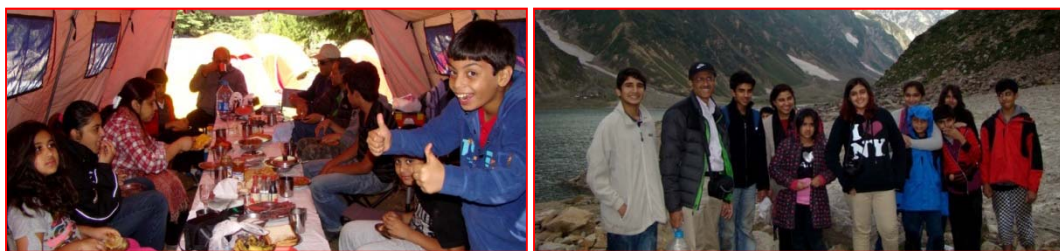
Galliat is a wonderful region with various colours of nature. This would be one of the loveliest places in the world at the time, when Daisies blossom there. A team of dedicated members cleaned the whole trail while hiking the Mukshpuri top and we laud their act and will plan many more such programs in coming days.

## July 2012 – Kaghan Summer Camp

An exclusively designed program for youth training was designed and executed in this summer. The camp members enjoyed several activities besides visiting



famous tourists spots in Kaghan valley e.g. Rock Climbing, Cave Visit, Rappelling from a bridge on River Kunhar, Camping, Hiking, Snow Glissading, Fishing etc.





**July 2012 – Trekking – Makra & Hans Gali**

A small team of one of our members, Danish Ahmed hiked to Makra Top from Paya and later on crossed Hans Gali linking Lake Saif-ul-Muluk with Lalazar.

**August 2012 – Trekking Kuch Gali & Aansoo Lake**

A two member's team led by Mir Manzar Elahi crossed Kuch Gali, visiting Aansoo Lake. They completed the hike in one day and starting in morning from Malika Parbat base camp, reached Islamabad in late night.

**August 2012 – Imran Junaidi & Jens Jacob Climbs Malika Parbat**

After making a good reconnaissance and preparation, both climbers climbed the North peak of the deadly mountain. We congratulate them on their success.

**August 2012 – Pak China Climbing Expedition Climbs Spantik 7027m**

A team led by Dr. Jabbar Bhatti, pride of performance along with Dr. Naveed and Saad Mohammed climbed Spantik Peak with their Chinese climbing colleagues. The team returned successfully and safely to Islamabad after climbing the peak.

### August 2012 – Welcome Reception by the Club to Climbers

The Club organized a reception cum Iftaar party in the honor of Spantik Peak climbers. Dr. Bhatti along with his Pakistani colleagues presented the details of the expedition. Mr. Imran Junaidi & Mr. Jens Jacob for Malika Parbat and Mr. Umair Hasan with his trekking partners to cross Mazino Pass also made presentations of their trips.



### September 2012 – Meeting for WTD Climbing Competition

A meeting was arranged in Ibex Club inviting team/institution heads to participate in 2<sup>nd</sup>. World Tourism Day Sport Climbing Competition to be held on 27<sup>th</sup>. Sept 2012. The participants were briefed about the competition details, terms & conditions and rules & regulations.





**September 2012 – Maira's Birthday Celebrated**

Maira Khan, one of our brilliant junior climbers celebrated her birthday at Ibex Club with her team mates, club and family members. Happy Birthday, Maira.....

**September 2012 – Nursery Training**

The Club always focusses on training of youth and exclusively on kids to produce proper players of the game or any activity. Wall/Rock Climbing as our specialty, we organize several sessions for kids for their proper training.

**September 2012 – Wall Climbing Training for Fairy Meadows Guides**

A session was conducted for the adventure tourism people from Fairy Meadows at Ibex Club. We have already developed a rock climbing site in Fairy Meadows, already organizing three sessions there and believe that this training will help develop good adventure guides from the region.



### September 2012-2nd. WTD Sport Climbing Competition

In collaboration with Ibex Club and under the patron ship of Pakistan Tourism Development Corporation (PTDC), the above caption competition was executed successfully with participation of various schools, universities, clubs and individuals. Roots School System, Rawalpindi Region snatched the top position with remarkable lead, while City School, Capital Campus Islamabad stood second and NUST University at third in positions table. The awards were distributed by the MD, PTDC Mir Shahjehan Khetran while the event was widely covered by the print & electronic media. The complete report with result card is available at [www.adventureclub.com.pk](http://www.adventureclub.com.pk) and [www.rockclimbing.pk](http://www.rockclimbing.pk).





**New Memberships****AC – 339 Ms. Komal Shujaat Islamabad**

Komal is in finance after completing her master's degree in Business Administration. Living in Islamabad, she has a special interest in outdoor activities like Hiking, Trekking, Rock Climbing and Paragliding etc.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk))*

**AC – 340 Ms. Iqra Jilani Rawalpindi**

Iqra, a student of City School is one of our champion kids, who have already won position in several climbing competitions. We expect she will be one of our lead climbers in future days and welcome her in the Club.

*(Introduced through Ms. Aleeza Sana AC 287 – Islamabad)*

**AC – 341 Ms. Mahwish Naeem Islamabad**

Ms. Mahwish has a special interest in outdoor activities like Hiking, Rafting, Skiing, Paragliding and Swimming etc. with a master's degree in Business Administration, she works for a private institution.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk))*

**AC – 342 Ms. Noormah Anum Naeem Islamabad**

Noormah is younger sister of Ms. Mahwish and join the Club together with her sister. She is new in adventure an activity however likes travelling, hiking and climbing.

*(Introduced through Ms. Mahwish Naeem AC 341 – Islamabad)*

**AC – 343 Mr. Farjaad Naeem Awan Islamabad**

Farjaad is another fellow from Mahwish family and new to outdoors. We expect that this family trio will actively participate in Club's activities in coming days.

*(Introduced through Ms. Mahwish Naeem AC 341 – Islamabad)*

**AC – 344 Mr. Muhammad Mubashar Rasheed Lahore**

Mubashir is a mechanical engineer by education and profession. He has already experienced wall climbing and have a special interest in rock climbing, paragliding and sky diving etc...

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk))*

**AC – 345 Mr. Mamoon Tasnim Islamabad**

Mamoon is an active member and official of Nust Adventure Club and a student of Mechanical Engineering. Besides climbing, he has participated in Gun Shooting competition, while looking forward to join in Paragliding, Swimming and other activities.

*(Introduced through NUST Adventure Club )*

**AC – 346 Mr. Mehfooz Ahmed Islamabad**

Mr. Mehfooz is on a managerial post in NUST with an MBA degree. He has a special interest in climbing and paragliding and has visited Kaghan valley previously.

*(Introduced through NUST Adventure Club)*

## ADVENTURE NEWS

**AC – 347 Mr. Saad Mohamed Islamabad**

Saad is really in outdoor activities and sports since long. Besides a handsome trekking experience, he has recently climbed Spantik Peak 7027m as one of the members of Pak China Spantik Expedition team. He has also done Paragliding and Rock Climbing and looking forward to experience Scuba Diving in future.

*(Introduced through Dr. Jabbar Bhatti, VP – Alpine Club of Pakistan)*

**AC – 348 Ms. Momina Zulfiqar Islamabad**

Momina, our young kid is working hard to improve her climbing and we expect she will be our future climber. She has recently got a special prize in a climbing competition.

*(Introduced through Ms. Zohaa Zubair – Islamabad)*

**AC – 349 Ms. Mufleha Zulfiqar Islamabad**

Mufleha has been participating climbing sessions and performed very well on rocks and artificial wall. Alongwith her family, with a special interest in outdoor adventures, we welcome her in Club.

*(Introduced through Ms. Zohaa Zubair – Islamabad)*

**AC – 350 Ms. Maira Khan Islamabad**

Maira is one of our promising climbers and already participated and has won position in several climbing competitions. Besides climbing, she has a special interest in playing football. We hope that she will prove herself to strengthen our female team of climbers.

*(Introduced through 1<sup>st</sup>. WTD Women wall Climbing Competition - 2011)*

**AC – 351 Mr. Zain ul Abidin Sargodha**

Mr. Zain is a government officer with a master's degree in English. He is a true nature lover and outdoor person. After having a good trekking experience, he has completed Basic Alpine Mountaineering Course in 2011, held at Rakaposhi Base Camp. With good management skills, we expect him a real support to the Club and welcome him.

*(Introduced through Dr. Jabbar Bhatti, VP – Alpine Club of Pakistan)*

**AC – 352 Mr. Umar Muhammad Khan Islamabad**

Another MBA, working for Askari Bank, Umar is all for adventure. Besides hiking, trekking and other outdoor activities, he has visited Concordia, to have a glimpse of K2. Trekking on Baltoro to Concordia is a certification in trekking and camping and we welcome him in the Club.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk))*

**AC – 353 Mr. Hasnain Ali Bangash Peshawar**

Hasnain, a research student in Geology was on a Club's program to Malika Parbat base camp. He has a good knowledge of his subject and additional interest in various nature subjects. We expect his skills and knowledge will be helpful in Club's training sessions.

*(Introduced through [www.adventureclub.com.pk](http://www.adventureclub.com.pk))*

**AC – 354 Mr. Muhammad Farhan Peshawar**

Farhan, another Geologist is introduced through Mr. Hasnain Bangash and joined the Club's program to the base camp of Malika Parbat. A footballer and athlete, Farhan has special interest in trekking, swimming, photography and camping etc.

*(Introduced through Mr. Hasnain Ali Bangash AC 353)*

