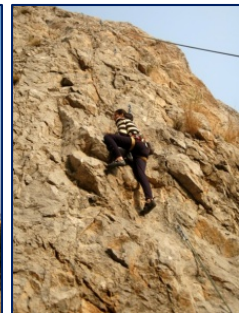


Railway Heritage Museum - Golra (01.01.2013)

A family / club's trip to Golra Railway station, famous for its heritage museum, with superb collection of old items and train and buggies, particularly of Lord Mountbatten and daughter of Maharaja Jodhpur. A narrow gauge train is also amongst the main attractions. A very well maintained and nicely preserved place, must to visit.

**Basic Climbing Training Course (05-06.01.2013)**

A basic sport climbing training course was organized which was participated by a good number of girls. The course started with introductory lecture and followed by climbing on artificial wall at climbing arena in IbeX Club. Second day was on rocks and members were taught about climbing & belay techniques, alongwith demonstration of lead climbing and Rappelling etc.



SZABIST Climbing Competition at Ibex Club (08.10.2013)

It's a matter of pleasure that climbing activity is getting popularity day by day. A Climbing competition was held at Ibex Club by the students of SZABIST and some of the boys and girls performed nicely in the competition.

**Walk – Trail III (19.01.2013)****Snow Walk – Pipeline Track (20.01.2013)**

A hike on Pipeline track between Ayubia & Dunga Gali was organized to celebrate World Snow Day. With proper preparation and using quality equipment, it was a wonderful experience of hiking in deep soft snow. The members were informed about the importance of the day, track history and basics about flora & fauna of the region and strict measures to take care about pollution and environmental issues, especially in the areas with forests and water sources. Rappelling from a bridge in a snow covered nullah was the most interesting activity of the day.



New Artificial Wall in DHA 2 – Rawalpindi/Islamabad (25.11.2012)

A new climbing wall is erected in DHA 2 and was inaugurated for public/members use. Mr. Esam Khattak briefed the chief guest and audience about the activity, specification of the wall and safety measures of the games. Ms. Nazia Parveen performed an inaugural climb at the ceremony.

**Horse Riding Session (26.01.2013)****Rock Climbing & Paragliding (01-02.02.2013)**

Some interesting sessions of rock climbing in Shahdarra and Paragliding in Mung near Haripur were arranged with Moin Khan, who travelled from US to Pakistan on his bike, covering the whole stretch of his epic travel in 6 months.



ADVENTURE NEWS

Study Tour (History) Taxila (17.02.2013)

The Club always focuses on diversified activities therefore a study tour to Taxila was organized while the sites of Mohra Moradu and Jaulian were visited. More programs are under consideration so members may contact for details.

**Paragliding basic Training Course (09-10.02.2013)**

Paragliding courses organized for basic training including ground handling and flying from low altitudes at Mung, near Haripur. The thrilling activity was participated by club members and guests. Several programs in future are in queue.

**Paragliding basic Training Course (16-17.02.2013)**

7th. IWD 2013 – Pakistan Open Sport Climbing Competition (07-08.03.2013)

The traditional climbing competition on International Women's Day was organized at Ibex club. The event has completed its 7 consecutive years to be organized at same date. A good number of climbers from various education institutions, clubs and societies, departments and individual level participated in the event. A detailed report of the event is available at www.adventureclub.com.pk & www.rockclimbing.pk.

**PTV Home Documentary - Kotli - Azad Kashmir (11-13.03.2013)**

On the invitation of PTV/AJK Tourism to assist for a documentary on Kotli – Azad Kashmir, the Club's team visited the region to find rock climbing venues in the district. Kotli, Khoi Ratta, Peer Lasoora, Nakyal and Tatta Pani were explored with some good rocks in Tatta Pani. There is a good potential for Rafting and Paragliding at places.



National Sport Climbing Championship (23.03.2013)

2nd. National Sport Climbing Championship held on 23rd. March 2013 in Lahore. After a surprising event, Nazia Parveen, the defending champion of 1st. National Championship won the competition, being the only one to complete the given route. Palwasha Rodriguez got shield in Nationals while Zohaa Zubair, one of our talented climbers got positions in Inter Schools, Punjab and National championships.

**Farewell – Dr. Abdul Jabbar Bhatti (27.03.2013)****Reception - Nazia on winning National Championship**

Dr. Bhatti, one of our mentors, mountaineering and paragliding guru was invited for a farewell party by the Club members as he was leaving for UAE. He was also presented with honorary membership of the Club.



ADVENTURE NEWS

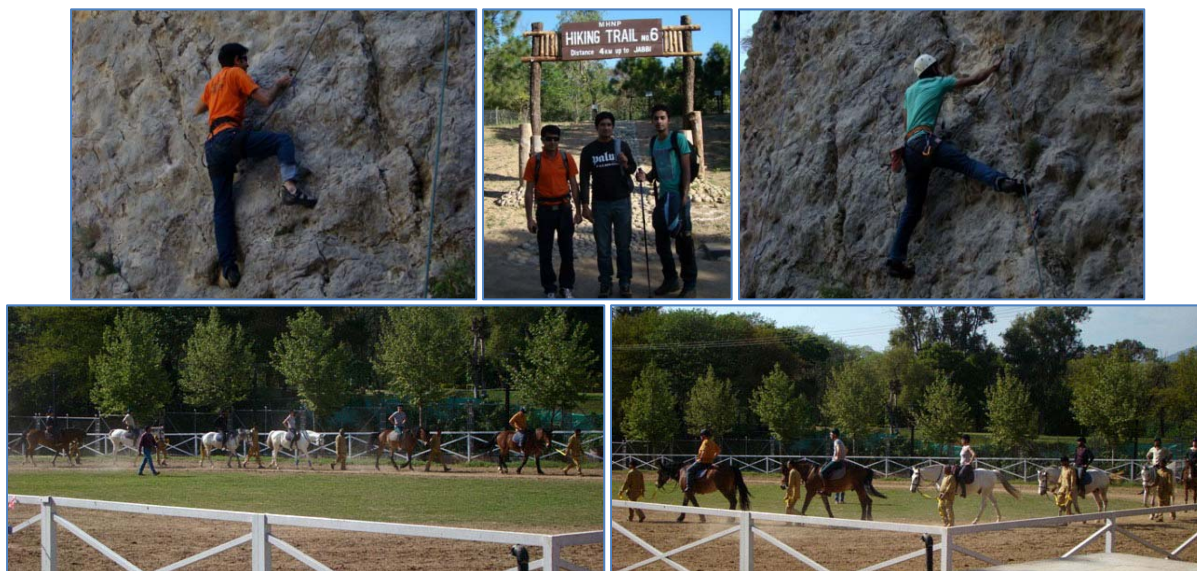
The Club members also arranged a reception to congratulate Nazia Parveen on winning National Championship 2013 and positions of Palwasha Rodriguez and Zohaa Zubair. The Club presented Life Membership to Ms. Nazia Parveen and she has also been designated as Director Training – Female Chapter.

Wall & Rock Climbing Sessions



Hiking + Climbing + Riding (31.03.2013)

Starting from first day of the quarter, the activities continued till the last day, which was full of activities. The day started with a hike on Trail 6 and later climbing on Shahdarra cliffs. A riding session at the end of the day was interesting and informative.



NEW MEMBERSHIPS

AC – 356 Mr. Sulaiman Awwal

Abbottabad

Sulaiman, a student of 6th. class has a great interest in outdoor / adventure activities. He has already participated in Club's activities and has performed well. His interests included badminton and hiking and he is ready to join in any program of the Club.

(Introduced through Mr. Ahmed Mehfooz – AC 346)



ADVENTURE NEWS

AC – 357 Mr. Aamir Islam**Lahore**

Mr. Aamir Akram is working as sales Executive in Lahore with a Master's degree in Business Administration. He has widely travelled in Northern mountain region of Pakistan while his interests include camping, trekking, cooking and to learn various languages.

(Introduced through www.adventureclub.com.pk)

AC – 358 Mr. Fazal Wadood**Gilgit – GB**

Fazal Wadood is a real adventure soul with participation and getting positions in Skiing and Climbing competitions. He has already experienced a few aerial and water sports, besides being a player of Squash. Besides various adventure activities, the super kid is also very good and confident singer. We welcome him and hope that he will excel in above mentioned activities and would represent Pakistan on higher levels.

(Introduced through Mr. Tahir Imran Khan – AC 101)

AC – 359 Mr. Hidayat Hussain**Gilgit – GB**

Mr. Hidayat Hussain, father of Fazal Wadood is the mentor and force behind the activities of Fazal. He has a vast experience of Mountaineering and tourism and working as current president of Gilgit Baltistan Adventure Sports Association.

(Introduced through Mr. Tahir Imran Khan – AC 101)

AC – 360/H Dr. Abdul Jabbar Bhatti**Islamabad**

Dr. Jabbar Bhatti who has a vast experience in various adventure / outdoor activities. His brief introduction will portray his knack of adventure as he got the prestigious award of Pride of Performance in Mountaineering category on climbing Broad Peak and Gasherbrum II (both included in the club 8000 meters). Recently he led Pak China Expedition to Spantik (7027m) in 2012 and successfully scaled the peak. He is pioneer of Paragliding in Pakistan, currently he is Secretary General of Pakistan Association of Free Flying and Chief Flying Training Instructor besides Vice President Alpine Club of Pakistan. With an MBBS degree, he served and retired from Pakistan Army as Lieutenant Colonel with Tamgha-e-Basalat.

He has been like a mentor of the Club and guides in various disciplines like first aid, survival techniques, martial arts and swimming etc. We are honored as he has accepted the life membership of the Club.

(Introduced through Mr. Tahir Imran Khan – AC 101)

AC – 361 Ms. Naveen Naveed**Karachi**

Naveen, a student of 6th. class is a born adventure enthusiast and has been actively participating and learning various sports and activities like swimming and riding etc. Recently she has experienced Rock Climbing and performed very well. We expect that she will prove a good player in future.

(Introduced through Mr. Tahir Imran Khan – AC 101)

AC – 362 Mr. Aliyan Naveed**Karachi**

Aliyan, brother of Naveen is a minor member of the Club at the age of only 8 year. Very active kid with special interest in football, he has climbed at artificial wall with remarkable performance. He has started swimming and intend to learn horse riding very soon.

(Introduced through Mr. Tahir Imran Khan – AC 101)